May 2024 ~ At Home In-person and Virtual Events & Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
REGISTRATION INFO Members must register at least 48 hours prior to a program. 781.276.1910	**EXCEPTION** For our ZOOM exercise class, please contact the instructor directly to sign up for class. (see attached flyer).	**SATURDAY MOVIES** (see attached flyer).	2:00 <mark>ZOOM</mark> At Home Exercise Class	10:00 iPad Workshop 10:30 Transportation to Boston Symphony Orchestra
6	7	8	9	10
	10:00 iPhone Workshop 10:30 Art Matters ~ 'Alexander Calder' 2:00 ZOOM AH Exercise Class 2:00 Guided Meditation		10:30 'The Timeless Landscape of the Channel Islands' 2:00 ZOOM At Home Exercise Class	10:00 Transportation to Harvard Art Museums
13	14	15	16	17
10:00 Apple Watch Workshop (space limited ~ sign up required)	2:00 ZOOM At Home Exercise Class	10:30 'Breeding Ecology in Birds' with Bill Gette 10:30 AH Discussion Group 'Contentment as a Way of Life" 2:00 'Unveil the Romantics: Part One ~ The Legacy of Brahms'	2:00 <mark>ZOOM</mark> At Home Exercise Class	10:30 'Burt Bacharach & Neil Diamond'
20	21	22	23	24
11:00 <mark>ZOOM</mark> Writing Life Class	2:00 Garden Club 'Hutchins Farm ~ 50 Years of Farming in Concord' (\$5 cash fee) 2:00 ZOOM At Home Exercise Class	1:00 At Home Day Trip ~ Merrimack Repertory Theatre 'Spiritus/Virgil's Dance'	2:00 <mark>ZOOM</mark> At Home Exercise Class	
27	28	29	30	31
	2:00 <mark>ZOOM</mark> At Home Exercise Class	2:00 Reading Presentation & Book Signing 'Why I Would Have Liked to Be Born 150 Years Before I Was'	2:00 <mark>ZOOM</mark> At Home Exercise Class	