

# May 2025 ~ At Home In-person and Virtual Events & Activities

Monday	Tuesday	Wednesday	Thursday	Friday
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<b>REGISTRATION INFO</b> Please register at least <b>48 hours</b> prior to a program. Contact the office for event details. <b>781.276.1910</b>	<b>**EXCEPTION**</b> For our ZOOM exercise class, please contact the instructor directly to sign up for class. (see enclosed flyer).	<b>**SATURDAY MOVIES**</b> (see enclosed flyer)	2:00 <b>ZOOM</b> At Home Exercise Class	10:30 <b>Transportation to Boston Symphony Orchestra</b>
5	6	7	8	9
11:00 <b>ZOOM</b> ‘Writing Life’ w Barbara O’Neil	10:30 <b>ZOOM</b> Art Matters ~ “American Art: Part 3 (1950-1990)”  2:00 <b>ZOOM</b> At Home Exercise Class		1:00 ‘Spiritual Health & Wellness’  2:00 <b>ZOOM</b> AH Exercise Class 2:00 ‘Guided Meditation’ w Linda Frederick, Reiki Master	
12	13	14	15	16
9:30 <b>ZOOM</b> ‘Mixed Media Art Sampler’ with Kate Hanlon	2:00 <b>ZOOM</b> AH Exercise Class	2:00 <b>Apple iPad, iPhone, Laptop Lab ~ 1:1 instruction</b>	10:00 CWV Event: “When We Were All British”  2:00 <b>ZOOM</b> At Home Exercise Class	10:00 <b>Watercolor Workshop</b>  10:00 <b>Transportation to: Harvard Art Museums</b> “Edvard Munch: Technically Speaking”
19	20	21	22	23
11:00 <b>ZOOM</b> ‘Writing Life’ w Barbara O’Neil	2:00 <b>ZOOM</b> AH Exercise Class  2:00 <b>CWV Garden Club:</b> ‘Conservation of the Salt Marsh’ with Carol McCauley, Reg Dir Mass Audubon, North Shore	7:15 <b>Concert at CWV</b> J.J. Pena, pianist and Ethan Burck, tenor	9:30 <b>At Home Day Trip</b> <b>New England Botanic Garden at Tower Hill</b>  10:30 <b>The Barbara A. Doyle Lecture Series: “Local News &amp; Democracy in a Time of Crisis”</b> 2:00 <b>ZOOM</b> AH Exercise Class	
26	27	28	29	30
<b>Memorial Day ~</b> <b>At Home Office Closed</b>  <hr/> 9:30 <b>ZOOM</b> ‘Mixed Media Art Sampler’ with Kate Hanlon	2:00 <b>ZOOM</b> AH Exercise Class	10:30 <b>AH Discussion Group</b> ‘Leaving a Meaningful Legacy’	2:00 <b>ZOOM</b> AH Exercise Class  7:15 <b>Concert at CWV</b> “Cheek to Cheek” ~ The Songs of Fred Astaire	10:00 <b>Watercolor Workshop</b>  10:00 <b>Apple iPad, iPhone, Laptop Lab ~ 1:1 instruction</b>