

# February 2025 ~ At Home In-person and Virtual Events & Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<p>9:30 <b>ZOOM</b> 'Mixed Media Art Sampler' w Kate Hanlon</p> <p>10:30 <b>Feature Film</b>: 'First Peoples: Their Story is Our Story "Europe"</p>	<p>10:30 <b>ZOOM</b> Art Matters ~ "Music &amp; Dance"</p> <p>2:00 <b>ZOOM</b> At Home Exercise Class</p>	<p>10:00 Transportation to: <b>Harvard Art Museums</b> ~ "The Art of Looking: 150 Years of Art History at Harvard"</p>	<p>2:00 <b>ZOOM</b> At Home Exercise Class</p> <p>2:00 'Guided Meditation' w Linda Frederick, Reiki Master Healer &amp; Teacher</p>	<p>10:30 Transportation to <b>BSO</b></p> <p>10:30 "What's New in Astronomy" with Jim McLaren</p> <p>7:15 pm "Metrowest Chamber Players Concert"</p>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<p>10:00 Apple iPad, iPhone, Laptop Lab ~ 1:1 instruction</p> <p>11:00 <b>ZOOM</b> 'Writing Life'</p> <p>7:15 pm "Frederick Moyer, pianist in Concert" featuring works by Mozart, Grieg, Rachmaninoff and some jazz</p>	<p>2:00 <b>ZOOM</b> At Home Exercise Class</p>	<p>12:30 At Home Day Trip <b>Merrimack Repertory Theatre</b> "Lady Day at Emerson's Bar &amp; Grill"</p>	<p>2:00 <b>ZOOM</b> At Home Exercise Class</p>	<p>10:00 <b>Watercolor Workshop</b></p> <p>10:30 Transportation to: <b>Boston Symphony Orchestra</b></p>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<p>9:30 <b>ZOOM</b> 'Mixed Media Art Sampler' with Kate Hanlon</p>	<p>2:00 <b>ZOOM</b> AH Exercise Class</p> <p>2:00 Garden Club: 'The Gardens In Art: A Bouquet of Stories' w Laura Conley, Metropolitan Museum of Art</p>		<p>10:30 "Panama Canal: Connection Between the Oceans that Changed the World" w Barry Pell, photojournalist</p> <p>2:00 <b>ZOOM</b> At Home Exercise Class</p>	<p>10:00 <b>Watercolor Workshop</b></p> <p>10:30 Transportation to: <b>Boston Symphony Orchestra</b></p>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<p>10:00 Apple iPad, iPhone, Laptop Lab ~ 1:1 instruction</p> <p>11:00 <b>ZOOM</b> 'Writing Life' w Barbara O'Neil</p>	<p>2:00 <b>ZOOM</b> AH Exercise Class</p>	<p>10:30 At Home Discussion Group 'Engagement vs. Solitude: Finding Your Balance'</p>	<p>2:00 <b>ZOOM</b> AH Exercise Class</p>	<p>10:30 Transportation to: <b>Boston Symphony Orchestra</b></p>
	<p><b>REGISTRATION INFO</b></p> <p>Please register at least <b>48 hours</b> prior to a program. Contact the office for event details. <b>781.276.1910</b></p>	<p><b>**EXCEPTION**</b></p> <p>For our ZOOM exercise class, please contact the instructor directly to sign up for class. (see enclosed flyer).</p>	<p><b>**SATURDAY MOVIES**</b></p> <p>(see enclosed flyer)</p>	