

March 2024 ~ At Home In-person and Virtual Events & Activities

Monday	Tuesday	Wednesday	Thursday	Friday
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REGISTRATION INFO Call the At Home Office to register**. Members must register at least 48 hours prior to a program. 781.276.1910	**EXCEPTION** For our ZOOM exercise class, please contact the instructor directly to sign up for class. (see attached flyer).	**NOTE** Be sure to check out the March Weekend Offerings ~ see flyer in your mailer!		
4	5	6	7	8
9:30 ZOOM <i>'Mixed Media Memoir Class'</i>	10:30 ZOOM Art Matters: <i>Rockwell</i> 2:00 ZOOM Exercise Class 2:00 <i>Guided Meditation</i>		2:00 ZOOM At Home Exercise Class	10:00 Transportation to <i>Currier Art Museum</i>
11	12	13	14	15
11:00 ZOOM <i>Writing Life Class</i>	2:00 ZOOM Exercise Class	10:00 iPad Workshop <i>(Participation is limited ~ Sign up required)</i> 7:15 pm Concert: <i>Scottish Music Throughout the Ages</i>	2:00 ZOOM Exercise Class 10:30 'Exploring Costa Rica's Central Highlands' w Bill Gette	2:00 Feature Film: <i>Ireland's Wild Coast</i>
18	19	20	21	22
9:30 ZOOM <i>'Mixed Media Memoir Class'</i>	10:00 iPhone Workshop <i>(space limited ~ sign up required)</i> 2:00 ZOOM Exercise Class 2:00 Garden Club <i>'The Flower Gardens of Ireland'</i> 2:00 <i>Guided Meditation</i>	10:30 At Home Discussion Group <i>The Process of Downsizing ~ A Discussion</i>	9:30 At Home Day Trip ~ MFA 10:30 <i>The Rule of Law, The Supreme Court & our Federal System</i> <i>(space limited ~ sign up required)</i> 2:00 ZOOM Exercise Class	10:30 <i>'History of Feminism in Music' with John Clark</i>
25	26	27	28	29
11:00 ZOOM <i>Writing Life Class</i>	2:00 ZOOM At Home Exercise Class	10:00 Apple Watch Workshop <i>(Participation is limited ~ Sign up required)</i>		10:30 Transportation to <i>Boston Symphony Orchestra</i>