

February 2024 ~ At Home In-person and Virtual Events & Activities

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
REGISTRATION INFO Call the At Home Office to register**. Members must register at least 48 hours prior to a program. 781.276.1910	**EXCEPTION** For our ZOOM exercise class, please contact the instructor directly to sign up for class. (see attached flyer).	**NOTE** Be sure to check out the February Weekend Offerings ~ see flyer in your mailer!	1:30 'La Dolce Vita, Italy' 2:00 ZOOM Exercise Class 7:15 pm 'Oppenheimer ~ The Real Story'	10:30 Transportation to Boston Symphony Orchestra
5	6	7	8	9
	10:00 iPhone Basics Workshop 10:30 ZOOM Art Matters: Beasts 2:00 ZOOM Exercise Class 2:00 Feature Film: 'Gustavo Dudamel & the LA Philharmonic'		2:00 ZOOM At Home Exercise Class	10:00 Transportation to Worcester Art Museum
12	13	14	15	16
	2:00 ZOOM Exercise Class 2:00 Guided Meditation	10:30 'Exploring Costa Rica's Pacific Lowlands' with Bill Gette	2:00 ZOOM Exercise Class 9:30 At Home Day Trip ~ Peabody Essex Museum 7:15 pm 'The Look of Love: The Songs of Burt Bacharach'	10:30 Transportation to Boston Symphony Orchestra
19	20	21	22	23
President's Day ~ At Home Office Closed 9:30 ZOOM 'Mixed Media Memoir Class'	2:00 ZOOM Exercise Class 2:00 Garden Club 'The Trustees Public Gardens: Marrying the Past and Present' 2:00 Guided Meditation	10:00 'Apple Watch Workshop' 10:30 ZOOM Discussion Group 'Living w Chronic Illness' 10:30 Spin Club Stories: Presentation & Book Signing	10:30 'Arequipa: Peru's Enchanting Land of Volcanoes' w Barry Pell 2:00 ZOOM Exercise Class	
26	27	28	29	
9:30 ZOOM 'Mixed Media Memoir Class'	10:00 iPhone Basics Workshop 2:00 ZOOM At Home Exercise Class			**NOTE** Transportation to Handy! + Haydn Society Symphony Hall Sunday February 25 ~ 1:15